

SCARSTORIES · A LITTLE COMPANY ON THE WAY

What support exists for caregivers?

Yusuf B. — valve replacement · 16 Sep 2026

I am doing all of this alone and I don't know where to look for help.

A personal account, not a treatment recommendation. Experiences and recovery vary.

For discussion and personal reference. Your care team's individual instructions take priority. For an emergency, contact your local emergency service; do not wait for a community reply.