

SCARSTORIES · A LITTLE COMPANY ON THE WAY

A second chance I'm actually using

Omar K. — stent life · 7 Sep 2026

Six month check-up results: ejection fraction back to 55%, cholesterol down to 140 on the statin.

My cardiologist said 'whatever you're doing, keep doing it.' I nearly cried in the parking lot. Two stents and a scare at 52, and today I feel like I got a second chance that I'm actually using.

A personal account, not a treatment recommendation. Experiences and recovery vary.

For discussion and personal reference. Your care team's individual instructions take priority. For an emergency, contact your local emergency service; do not wait for a community reply.